Loveland Senior Advisory Board

Loveland Public Library Gertrude Scott Room 10:30 am

Meeting August 3 2016

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The meeting was called to order at 10:36 am by Kim Ferro. Those attending were Linda Aron, Dixie Huff, Richard Zlamany, Julie Demaree, Anne Brown, Elaine Brush Donita Fogle and Marigail Jury. Phoebe Hawley, Marlene Quattrocchi and Carmen were excused. Absent were Debby Ahrens and Leah Johnson.

Marigail made a motion to accept the July minutes as corrected and Anne seconded it. Motion carried.

The ice breaker was what exciting thing has happened to you so far this year? Members had a lot of interesting things to share including upcoming travel plans. Marigail announced that she will be getting married this October.

Dixie told us that the Mexican wrestling event had attendance of 400-500 people.

Elaine said they went to a family reunion and did a lot of geneology research.

Julie is starting a parttime job in Ft. Collins.

There was no City Council report since Leah was absent, however Donita reported that Council meetings are now to be over by 10:30pm. As far as the E-Vapor that the Youth Advisory Board was pushing for rules on, there will be no vapor smoke on city property. This was previously allowed. The Downtown Master Plan is progressing. CanDo had a presentatin to City Council at the August 2 meeting.

Marigail reported on PFAC. She said that it will soon be a 501(c)3 and stand alone- it will not be a part of the Agency on Aging any more. She said the question was raised as what to do for funding when going through this transition. Members will need to talk to contributors while going through this.

Marigail reported that the Housing group is trying to figure out how to brand housing as “age friendly”.

In the Culture of Aging area, th e writing group is still active. There are 8-9 writers who will be getting together in August for a tea. All published articles will be put in a booklet so that people can see what can be done in retirement.

The Transportation group is looking forward to a Larimer County Transportation Study. It is difficult because we have so many different land use areas in our county. Also, if folks don’t use mass transit, then the county does not fund it.

Larimer County Office on Aging tells us that on October 6th from 3:00pm to 4:30 pm, local candidates will be at the Ft. Collins Sr. Center to answer questions from senior voters.

PFAC is working on trying to embed with AARP to get Larimer County designated as an Age Friendly County. There will be a report out by the end of the year on Age Friendly issues in Larimer County.

The Health & Wellness part of PFAC and the Larimer County Office on Aging noted that CSU is offering counseling to people on a sliding scale depending on your income. One of the programs is Senior Peer Counseling. They seek to connect seniors with paraprofessionals who are also seniors. Since these folks are in the same age range, they are better able to connect and understand senior problems. Senior Peer Counseling is a free service. They also offer support groups for individuals.

Linda reported that the Walking & Biking Coalition is moving ahead and had a meeting with people from Parks & Recreation who said that the Loveland trail system should be complete by the end of 2017. There will be some new underpasses built to help connect different areas, but the underpass to Nowhere will soon be connected!

Kim stated that Bridging the Gap will be September 21, 2016 and that they still need volunteers. If you are interested in volunteering, contact Phoebe Hawley.

Administrative Items:

Elaine will check to see if Carment & Sherri ahve been approved & if so will add them to the roster. She will also contact Marlene, who said she needs to resign due to her health. Elaine aslo said that there is open recruitment for city boards in the spring and fall, and it is posted on the city website. If you know anyone who might be interested in joining, have them contact Elaine.

Donita will reach out to Affinity Housing folks ( new development in N. Loveland) to see if any of them might be interested in joining.

Transportation is a board that we need to reach out to and have folks attend their meetings. Also the Youth Advisory Board.

Transportation meets the 1st Monday of the month at 4:00pm at the city building on 1st Street east of Wilson. We should attend becuase of how many seniors participated in travel training. We can help that board by voicing the concerns of seniors who ride the bus. Dixie will see if she might be able to cover that board. We will start in October.

The fall Leisure Guide is out now and registration has started for Aug.-Dec.

The Library offers all sorts of classes also. Check on the website to see if anything is interesting to you.

This past Saturday was Senior Law Day at CSU. They usually have great information pertaining to seniors and what type of legal documents they need.

The Aspen Club is redoing its database. If you have not signed up recently, you need to update your info.

Thursday, August 18th, there will be a program at the Senior Cneter all about vitamins and supplements. This will be at 2:00pm

Saturday, September 10th will be SHIFT at Medical Center of the Rockies from 9:00 to 11:30 am. This is to promote 3rd Age Life, and highlight what you can do after you retire.

Kim requested that someone volunteer to help with the minutes. Anyone interested can speak up at the September meeting. Linda will not be at the September meeting, as she will be in Alaska.

At 11:55. Linda made a motion to adjourrn, it was seconded by Kim, and we were adjourned.

Minutes respectfully submitted,

Linda Aron