

Loveland Senior Advisory Board  
Loveland Public Library, Gertrude Scott Room  
Minutes of March 4, 2015

The City of Loveland is committed to providing an equal opportunity for citizens and does not discriminate on the basis of disability, race, color, national origin, religion, sexual orientation or gender. The City will make reasonable accommodations for citizens in accordance with the Americans with Disabilities Act. For more information, please contact the City's ADA Coordinator at [bettie.greenberg@cityofloveland.org](mailto:bettie.greenberg@cityofloveland.org) or (970) 962-3319.

Board Members Present: Debby Ahrens, Anne Brown, Elaine Brush, Doug East, Donita Fogle, Betty Herder, Kim Ferro, Marigail Jury, Jenn Nimmo, Marlene Quattrocchi, Chauncey Taylor and Richard Zlamany

Excused: Phoebe Hawley

Absent: Linda Aron and Julie Demaree

Guests: Alan Heileman, Dixie Huff, Mary Lyons and Katy Mason

Meeting called to order at 10:39 a.m.

Minutes of February 4, 2015 accepted as written.

Marigail, Elaine and Julie attended the Boards and Commission annual meeting.

Introductions of board members and guests were made. Katy Mason is with the Larimer County Office on Aging. Dixie Huff works at the library and provides services to home-bound seniors. Alan Heileman is an associate of Eldercare Network and part of the Partnership for Age-Friendly Communities. Mary Lyons is a member of PFAC and on the priority team for health and wellness.

No city update to report as Chauncey was unable to attend meeting last night.

Katy gave a very nice update and overview of the Partnership for Age Friendly Communities (PFAC) initiative (formerly called LCC or Liveable Community Collaborative). The Larimer County Office on Aging and the Foundation on Aging attended an Aging Summit in 2010, and it was the first attempt to bring all entities together to address the aging demographics. Out of this summit came the "growing older series" in Fort Collins in 2011-2012. The Senior Transportation Coalition was formed in 2012 and the Elder Abuse Forum in October 2013. The Loveland Connecting Seniors forum took place in May 2013 with CSU public deliberation involvement.

Larimer County was one of six communities to receive a grant in 2013, and those funds are exhausted. Other communities to receive funding were in NY, PA, FL, KS and NM.

In February 2014 at a stakeholder's meeting there were four key priority areas identified: housing, health and wellness, mobility and access and culture of aging. Training of self-directed volunteer teams were established which included housing research, newspaper columns and walkability.

The Summit on Aging is an all-day event to be held on May 7, 2015 at the Fort Collins Senior Center. The PAFC (or Partnership for Age-Friendly Communities in Larimer County) will present at the Summit on Aging on May 7, 2015. The goal to have 300 people in attendance and the cost will be \$50 per person. They want businesses and governmental agencies to attend, to include city council members and folks who will be directly impacted and who may share a voice in this entire initiative.

Alan services on the Culture of Aging subcommittee. Baby boomers will and do impact society; what do we want to do? There has been no master plan for future growth, as it is still evolving. This priority group formed a forum to talk about senior issues in 2014, and a monthly article on aging runs in the Fort Collins Coloradoan. You may refer to the Foundation on Aging website to review these news articles. What's next? Hope is to discuss end-of-life issues, health and wellness, and they are looking for ideas and the formation of more passionate volunteer teams to institute these ideas.

Mary Lyons introduced herself as a retired teacher, researcher, pathologist, and she is new in Fort Collins. She has a strong interest in educating the public on health and wellness. She's attended several meetings and the question remains "what will make Larimer County a better place to age?" Over 20 representatives discussed four different objectives. Basic physiological needs (are they being met?), people are enjoying longer life spans and living independently. Are there barriers to medication management healthy living; are areas walkable? Self-directed volunteer team are addressing walkability and exploring the barriers in Larimer County. A survey has been developed, and all communities are encouraged to complete by 3/15/15. They will meet again in April.

Katy stated that housing is another priority group. \$20,000 was raised and the Highland Group was hired to do a survey of projected housing needs, to include affordable housing, long-term care facilities and developers. There has also been research done on shared housing and what is *not* available, such as shared housing connecting seniors through a matching system and village to village, a naturally occurring retirement community. There are two senior cohousing options in Fort Collins where there is sharing within a community, like a small HOA. A summary of this study will be shared, and more recruitment of volunteers to be on teams is needed.

The transportation group is always an issue. The average statistic is that people will live ten years past their ability to drive. A coalition has been formed, and this will not duplicate with what's already in place but will partner. More focus on senior travel and training is needed. They hope to include the new director of COLT.

Chauncey will connect with the disability advisory board as part of addressing the ongoing transportation issues and other issues.

Member Comments:

Marigail stated that one goal she'd like our Board to consider is to share agenda items in a team approach in order to reach our goals.

Debby and Donita stated that the fourth Greenhouse (out of six) opened on 3/1/15. There are 36 people living there. They have received Medicaid approval. Medicaid respite and Medicare are still pending.

Dixie stated that the library has a volunteer program that delivers reading materials to 100+ people in their homes and facilities. The problem has been getting the word out to those who need it most. They will publish in the Chilson publication soon.

Kim reported various Aspen Club programs, including The Conversation Project (one being held on March 9 at PVH), the three coworkers featured in the 50Plus Marketplace News supporting Stepping On, Memory Fitness and Chronic Disease Management programs. The Aspen Club staff is happy to speak on any of these issues at various sites.

Richard noted that the Knights of Columbus has their Friday fish fry.

Betty had one caller on the line about income tax help. She was able to successfully direct caller (from Berthoud) to tax help site in Loveland.

Elaine mentioned that Karl Barton with Create Loveland was at the Boards and Commission Summit and presented a major overview. Report shared and passed around at meeting. The comprehensive survey is still online and anyone (not just Loveland residents) can complete it. Doug mentioned that he had some difficulty doing survey online.

Jenn stated that The Conversation Project is having exposure in Larimer County. The Sharing the Care Campaign is having promising discussions with SOCI (Systems of Care Initiatives, Inc.) to join their group and gain the benefit of their 501 3c; nothing has been finalized yet. They are submitting a grant to spread the message about transitions of care.

The early memory care unit at Sterling House in Fort Collins has a few openings with three months of free rent as a move-in incentive for assisted living and memory care.

Meeting adjourned at 12:10 p.m.

Respectfully Submitted,  
Kim Ferro, Recording Secretary