

Massage Therapist Profile

Joyce Meis, CMT, RMT

Introduction:

As a Massage Therapist, I have worked on a wide range of people, from expectant mothers to seniors 82 years old. Massage therapy has been very rewarding for me, as I have seen the positive changes I can make in people's lives.

Qualifications:

I have been giving the gift of Massage since graduating from the Fort Collins Healing Arts Institute in January of 2000. I specialize in therapeutic, deep tissue, Swedish, prenatal, chair massage, and I also provide the Mini-Spa Treatments.

Experience:

My experience in Massage has included working with people that have Fibromyalgia, MS, Knee & Hip Replacement, Cerebral Palsy, headaches, migraines, muscle soreness, chronic pain, and TMJ. If you just need to get away and relax with a soothing massage, I can definitely help with that need as well.

Specialties:

I specialize in working with individuals that are physically hurting and through massage I will help you feel better. When needed, I will show you stretches to help in the healing process. I strive to make you feel comfortable during a massage. If this is your first massage I will explain the procedures used during the massage including the option to undress according to your comfort level. I also provide mini spa services which provide soothing comfort to your feet, hands, shoulders and scalp. Come see me, let me know what is wrong and I will do my best to help you feel better.



Stop by the Chilson Senior Center front desk for more information about the massage services, or call (970) 691-3441 to schedule your appointment.